

Cyber Bullying

Cyber Bullying is an online form of bullying people. Cyber Bullying can be prevented if we encourage people to report it, ignore it and to support those who have been bullied.

Guidelines for Preventing Cyber Bullying

- Consult a Friend or Family Member immediately
- Don't Respond to the Bullying
- Unfriend or block the bully from your social media page
- Report the Bully to police and get your friends or others to do the same
- Keep a record of the evidence either through your mobile messages or emails



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